

MONTHLY TRAINING PROGRAMME OF SD / SW 2nd YEAR
FOR THE YEAR OF 2022-23
21 MP BN NCC RATLAM

Month Sep 22	Parad e	Period	Subject		Subject	Type of Period	Responsibi lity
			Code	Period No			
Week 1	01.	1	CD-1	P-1	Guard Mounting	Practical	PI STAFF
		2	MH-2	P-1	War Heroes – PVC Awardees	Lecture	PI STAFF
		3	SS-3	P-1	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practi cal	ANO
	02.	4	CD-2	P-2	Guard of Honour	Practical	PI STAFF
		5	SS-3	P-2	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practi cal	ANO
		6	SS-4	P-3	Protection of Children & Woman Safety	Lecture	ANO
Week 2	03.	7	NL-4	P-1	Threats to National Security	Lecture	ANO
		8	SS-3	P-3	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practi cal	ANO
		9	SS-6	P-4	New Initiative	Lecture	ANO
	04.	10	NL-4	P-2	Threats to National Security	Lecture	ANO
		11	AD-6	P-1	Salami Shashtra aur Uthao Shashtra	Lecture	PI STAFF
		12	SS-7	P-5	Cyber & Mobile Security Awareness	Lecture	ANO

Month Sep 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	05.	13	SS-3	P-6	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture	ANO
		14	AD-6	P-2	Salami Shashtra aur Uthao Shashtra	Practical	PI STAFF
		15	MH-2	P-2	War Heroes – PVC Awardees	Lecture	PI STAFF
	06.	16	SS-3	P-7	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture	ANO
		17	AD-6	P-3	Salami Shashtra aur Uthao Shashtra	Lecture	PI STAFF
		18	H-2	P-1	First Aid in Common Medical Emergencies, Treatment & Care of Wounds	Lecture	ANO
Week 4	07.	19	SS-3	P-8	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		20	MH-2	P-3	War Heroes – PVC Awardees	Lecture	PI STAFF
		21	H-2	P-2	First Aid in Common Medical Emergencies, Treatment & Care of Wounds	Lecture	ANO
	08.	22	SS-3	P-9	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		23	S-2	P-3	First Aid in Common Medical Emergencies, Treatment & Care of Wounds	Lecture	ANO
		24	SS-4	P-10	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO

Month Oct 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	09.	25	H-3	P-4	Introduction to Yoga & Exercises	Lecture/Practical	ANO
		26	SS-3	P-12	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		27	SS-3	P-13	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
	10.	28	OT-1	P-1	Obstacle Course	Practical	PI STAFF
		29	P-3	P-1	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		30	SS-3	P-14	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Practical	ANO
Week 2	11.	31	OT-1	P-2	Obstacle Course	Practical	PI STAFF
		32	P-3	P-1	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		33	LD-2	P-1	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
	12.	34	OT-1	P-3	Obstacle Course	Practical	PI STAFF
		35	P-3	P-2	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		36	WT-4	P-1	Short Range Firing	Lecture/Practical	PI STAFF

Month Oct 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	13.	37	AF-1	P-1	Armed Forces, Army, CAPF and Police	Lecture	PI STAFF
		38	P-3	P-3	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		39	WT-4	P-2	Short Range Firing	Lecture/Practical	PI STAFF
	14.	40	AF-1	P-2	Armed Forces, Army, CAPF and Police	Lecture	PI STAFF
		41	P-3	P-4	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		42	WT-4	P-3	Short Range Firing	Lecture/Practical	PI STAFF
Week 4	15.	43	AF-1	P-3	Armed Forces, Army, CAPF and Police	Lecture	PI STAFF
		44	P-2	P-5	Communication Skills	Lecture/Practical	ANO
		45	WT-4	P-4	Short Range Firing	Lecture/Practical	PI STAFF
	16.	46	MR-2	P-1	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		47	FD-5	P-1	Tej Chal, Tham aur Piche Kadam Lena	Practical	PI STAFF
		48	WT-4	P-5	Short Range Firing	Lecture/Practical	PI STAFF

Month Nov 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	17.	49	MR-2	P-2	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		50	FD-5	P-2	Tej Chal, Tham aur Piche Kadam Lena	Practical	PI STAFF
		51	WT-4	P-6	Short Range Firing	Lecture/Practical	PI STAFF
	18.	52	MR-2	P-3	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		53	FD-5	P-3	Tej Chal, Tham aur Piche Kadam Lena	Practical	PI STAFF
		54	P-2	P-6	Communication Skills	Lecture	ANO
Week 2	19.	55	MR-2	P-4	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		56	FD-8	P-4	Tej Chal Se Salute Karna	Practical	PI STAFF
		57	P-2	P-7	Communication Skills	Lecture	ANO
	20.	58	MR-2	P-5	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		59	FD-8	P-5	Tej Chal Se Salute Karna	Practical	PI STAFF
		60	P-3	P-8	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO

Month Nov 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	21.	61	MR-2	P-6	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		62	FD-8	P-6	Tej Chal Se Salute Karna	Practical	PI STAFF
		63	P-5	P-9	Public Speaking	Lecture/Practical	ANO
	22.	64	MR-2	P-7	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		65	FD-11	P-7	Teeno Teen se ek File or ek file se Teeno Teen Banana	Lecture/Practical	PI STAFF
		66	P-5	P-10	Public Speaking	Lecture/Practical	ANO
Week 4	23.	67	MR-2	P-8	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		68	FD-11	P-8	Teeno Teen se ek File or ek file se Teeno Teen Banana	Practical	PI STAFF
		69	LD-2	P-1	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
	24.	70	MR-2	P-9	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		71	FD-11	P-9	Teeno Teen se ek File or ek file se Teeno Teen Banana	Practical	PI STAFF
		72	LD-2	P-2	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO

Month Dec 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	25.	73	FC & BC – 4	P-1	Fire & Move Capsule : Field Signals, Section Formations and Fire Control Orders	Lecture/Practical	PI STAFF
		74	LD-2	P-3	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
		75	FC & BC – 4	P-2	Fire & Move Capsule: Field Signals, Section Formations and Fire Control Orders	Lecture/Practical	PI STAFF
	26.	76	SS-5	P-14	Road / Rail Travel Safety	Lecture	ANO
		77	FC & BC – 4	P-3	Fire & Move Capsule : Field Signals, Section Formations and Fire Control Orders	Lecture/Practical	PI STAFF
		78	MH-3	p-1	Study of Battels- Indo Pak War 1965, 1971 & Kargil	Lecture	PI STAFF
Week 2	27.	79	SS-3	P-15	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		80	FC & BC – 2	P-4	Indication of Landmark	Lecture/Practical	PI STAFF
		81	MH-4	P-2	War Movies	Practical	ANO
	28.	82	MH-4	P-3	War Movies	Practical	ANO
		83	FC & BC – 2	P-4	Indication of Landmark	Lecture/Practical	PI STAFF
		84	MH-4	P-5	War Movies	Practical	ANO

Month Dec 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	29.	85	FC & BC – 3	P-5	Observation, Camouflage & Concealment	Lecture/Practical	PI STAFF
		86	C-2	P-1	Basic Communication & Latest Trends	Lecture/Practical	ANO
		87	DM-3	P-1	Initiative Trg, Org Skills Do's and Dont's : Natural Disaster	Lecture/Practical	PI STAFF
	30.	88	FC & BC – 3	P-6	Observation, Camouflage & Concealment	Lecture/Practical	PI STAFF
		89	DM-3	P-2	Initiative Trg, Org Skills Do's and Dont's : Natural Disaster	Lecture/Practical	PI STAFF
		90	FC & BC – 3	P-7	Observation, Camouflage & Concealment	Lecture/Practical	PI STAFF
Week 4	31.	91	DM-3	P-3	Initiative Trg, Org Skills Do's and Dont's : Man made Disaster	Lecture/Practical	PI STAFF
		92	INF-1	P-1	Organisation of Inf Bn & Its weapons	Lecture	PI STAFF
		93	INF-1	P-2	Organisation of Inf Bn & Its weapons	Lecture/Practical	PI STAFF
	32.	94	SS-2	P-15	Swatch Bharat Abhiyan	Lecture/Practical	ANO
		95	SS-2	P-16	Swatch Bharat Abhiyan	Lecture/Practical	ANO
		96	SS-2	P-17	Swatch Bharat Abhiyan	Lecture/Practical	ANO

Month Jan 23	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	33.	97	MH-3	P-6	Study of Battles- Indo Pak War 1965, 1971 & Kargil	Lecture	PI STAFF

Station: Ratlam (MP)

Dated: Jul 2022

(HPS Ahlawat)
Colonel
Commanding Officer