

MONTHLY TRAINING PROGRAMME OF SD / SW 3rd YEAR
FOR THE YEAR 2022-23
21 MP BN NCC RATLAM

Month Sep 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	01.	1	AD-6	P-1	Salami Shashtra aur Uthao Shashtra	Practical	PI STAFF
		2	C-1	P-1	Intro to Communication & Latest Trends	Lecture	PI STAFF
		3	SS-3	P-1	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padoo, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
	02.	4	CD-2	P-1	Guard of Honour	Lecture/Practical	PI STAFF
		5	SS-3	P-2	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padoo, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		6	SS-4	P-3	Protection of Children & Woman Safety	Lecture	ANO
Week 2	03.	7	AD-7	P-2	Squad Drill	Practical	PI STAFF
		8	SS-3	P-3	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padoo, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		9	SS-6	P-4	New Initiative	Lecture/Practical	ANO
	04.	10	AD-7	P-3	Squad Drill	Practical	PI STAFF
		11	AD-6	P-4	Salami Shashtra aur Uthao Shashtra	Practical	PI STAFF
		12	SS-7	P-5	Cyber & Mobile Security Awareness	Lecture	ANO

Month Sep 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	05.	13	SS-3	P-6	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		14	C-1	P-2	Intro to Communication & Latest Trends	Lecture	PI STAFF
		15	SS-3	P-7	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
	06.	16	AD-6	P-5	Salami Shashtra aur Uthao Shashtra	Practical	PI STAFF
		17	E-1	P-1	Environment Awareness & Conservation Capsule: Soch Vichar, Water Conservation and Energy Conservation	Lecture/Practical	ANO
		18	SS-3	P-8	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
Week 4	07.	19	C-1	P-3	Intro to Communication & Latest Trends	Lecture	PI STAFF
		20	E-1	P-2	Environment Awareness & Conservation Capsule: Soch Vichar, Water Conservation and Energy Conservation	Lecture/Practical	ANO
		21	SS-3	P-9	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
	08.	22	E-1	P-3	Environment Awareness & Conservation Capsule: Soch Vichar, Water Conservation and Energy Conservation	Lecture/Practical	ANO
		23	SS-3	P-9	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		24	H-3	P-1	Introduction to Yoga & Exercises	Lecture/Practical	ANO

Month Oct 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	09.	25	SS-3	P-6	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		26	SS-3	P-2	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		27	OT-1	P-7	Obstacle Course	Practical	PI STAFF
	10.	28	P-3	P-5	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		29	SS-3	P-1	SS and Community Dev Activities : Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Practical	ANO
		30	OT-1	P-8	Obstacle Course	Practical	PI STAFF
Week 2	11.	31	P-3	P-3	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		32	LD-2	P-2	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
		33	OT-1	P-9	Obstacle Course	Practical	PI STAFF
	12.	34	P-3	P-3	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Practical	ANO
		35	WT-4	P-9	Short Range Firing	Lecture/Practical	PI STAFF
36	AF-2	P-1	Modes of Entry Armed Forces, Army, CAPF and Police	Lecture	PI STAFF		

Month Oct 22	Parade	Period	Subject		Subject	Type of Period	Responsi bility
			Code	Period No			
Week 3	13.	37	P-3	P-4	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		38	WT-4	P-2	Short Range Firing	Lecture/Practical	PI STAFF
		39	AF-2	P-2	Modes of Entry Armed Forces, Army, CAPF and Police	Lecture	PI STAFF
	14.	40	P-3	P-5	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		41	WT-4	P-3	Short Range Firing	Lecture/Practical	PI STAFF
		42	AF-2	P-3	Modes of Entry Armed Forces, Army, CAPF and Police	Lecture	PI STAFF
Week 4	15.	43	LD-2	P-2	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
		44	WT-4	P-4	Short Range Firing	Lecture/Practical	PI STAFF
		45	AD-7	P-3	Squad Drill	Practical	PI STAFF
	16.	46	WT-4	P-5	Short Range Firing	Lecture/Practical	PI STAFF
		47	MR-2	P-1	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		48	CD-1	P-2	Guard Mounting	Practical	PI STAFF

Month Nov 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	17.	49	WT-4	P-6	Short Range Firing	Lecture/Practical	PI STAFF
		50	MR-2	P-2	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		51	CD-2	P-3	Guard of Honour	Practical	PI STAFF
	18.	52	P-5	P-6	Public Speaking	Lecture/Practical	ANO
		53	MR-2	P-2	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		54	P-4	P-3	Career Counselling, SSB Procedure & Interview Skills	Lecture	ANO
Week 2	19.	55	DM-2	P-1	Fire Service and Fire Fighting	Lecture/Practical	ANO
		56	MR-2	P-3	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		57	P-4	P-4	Career Counselling, SSB Procedure & Interview Skills	Lecture	ANO
	20.	58	P-3	P-5	Group Discussion: Stress and Emotions, Change your mindset, Inter Personal Relation and Team Work, Time mgt and Civic Sense	Lecture	ANO
		59	MR-2	P-4	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		60	P-4	P-6	Career Counselling, SSB Procedure & Interview Skills	Lecture	ANO

Month Nov 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	21.	61	P-5	P-7	Public Speaking	Lecture/Practical	ANO
		62	MR-2	P-5	Conduct of MR, Google & Tourist Maps and Apps	Lecture/Practical	ANO
		63	GA-1	P-1	General Knowledge	Lecture	ANO
	22.	64	P-5	P-8	Public Speaking	Lecture/Practical	ANO
		65	MH-1	P-1	Biographies of Renowned Generals	Lecture	ANO
		66	GA-1	P-2	General Knowledge	Lecture	ANO
Week 4	23.	67	LD-2	P-1	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
		68	GA-2	P-3	Logical & Analytical Reasoning	Lecture	ANO
		69	LD-2	P-3	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Practical	ANO
	24.	70	FC & BC – 4	P-1	Fire & Move Capsule: Field Signals, Section Formations and Fire Control Orders	Lecture/Practical	PI STAFF
		71	LD-2	P-4	Case Study: Shiva Ji, APJ Akalam, Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhanshi Ki Rani, Narayan Murti, Prakash Padukone, Tipu Sultan and Ravindra Nath Tagore	Lecture	ANO
		72	FC & BC – 4	P-2	Fire & Move Capsule : Field Signals, Section Formations and Fire Control Orders	Lecture/Practical	PI STAFF

Month Dec 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 1	25.	73	MH-3	P-2	Study of Battels- Indo Pak War 1965, 1971 & Kargil	Lecture	PI STAFF
		74	SS-3	P-13	SS and Community Dev Activities: Soch Vichar, Social Evils, Beti Bachao, Beti Padao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Woman Hlth and Sanitation, Tree Plantation, Tfc Awareness and Pollution	Lecture/Practical	ANO
		75	FC & BC – 2	P-3	Indication of Landmark	Lecture/Practical	PI STAFF
	26.	76	MH-4	P-2	War Movies	Practical	ANO
		77	MH-4	P-3	War Movies	Practical	ANO
		78	FC & BC – 2	P-4	Indication of Landmark	Lecture/Practical	PI STAFF
Week 2	27.	79	MH-4	P-4	War Movies	Practical	ANO
		80	MH-1	P-5	Biographies of Renowned Generals	Lecture	ANO
		81	C-2	P-2	Basic Communication & Latest Trends	Lecture	ANO
	28.	82	DM-3	P-1	Initiative Trg, Org Skills Do's and Dont's : Natural Disaster	Lecture/Practical	PI STAFF
		83	GA-2	P-1	Logical & Analytical Reasoning	Lecture/Practical	ANO
		84	DM-3	P-2	Initiative Trg, Org Skills Do's and Dont's : Natural Disaster	Lecture/Practical	PI STAFF

Month Dec 22	Parade	Period	Subject		Subject	Type of Period	Responsibility
			Code	Period No			
Week 3	29.	85	FC & BC – 5	P-5	Knots, Lashing & Stretchers	Lecture/Practical	PI STAFF
		86	DM-3	P-3	Initiative Trg, Org Skills Do's and Dont's : Manmade Disaster	Lecture/Practical	PI STAFF
		88	INF-1	P-1	Organisation of Inf Bn & Its weapons	Lecture	PI STAFF
	30.	89	MH-1	P-6	Biographies of Renowned Generals	Lecture	ANO
		90	SS-2	P-14	Swatch Bharat Abhiyan	Lecture/Practical	ANO
		91	SS-2	P-15	Swatch Bharat Abhiyan	Lecture/Practical	ANO
Week 4	31.	92	SS-2	P-16	Swatch Bharat Abhiyan	Lecture/Practical	ANO
		93	MH-3	P-7	Study of Battles- Indo Pak War 1965, 1971 & Kargil	Lecture	PI STAFF
		94	CD-1	P-2	Guard Mounting	Practical	PI STAFF

Station: Ratlam (MP)

Dated: Jul 2022

(HPS Ahlawat)

Colonel

Commanding Officer